

Parent Information Program



A FREE ONLINE INFORMATION PROGRAM FOR PARENTS LIVING SEPARATELY



Separation can be a time of pain, confusion and sorrow. Parents and their children may experience a great sense of loss and will often need help to understand and cope with all the changes that come with separation.

The **Parent Information Program** is a free self-guided online program made up of three parts: a one-hour parent information video, a 20-minute family law information video and a multiple choice quiz. It is designed to provide the type of information parents need:

- To understand what they are going through, both legally and emotionally; and
- To help them cope with and adjust to separation so that they can help their children adjust.

Separation is an adult issue. Children do not make the decision to separate, yet they are greatly affected by that decision.



The effects of separation on children largely depends on how parents manage their relationship after the separation.

Separation is difficult. However, research and experience show that it is continued conflict between the parents that causes the most harm to children, not the separation itself.

The online **Parent Information Program** teaches ways to reduce the conflict between parents and also relieve the stress they are experiencing. It focuses on helping parents help their children.

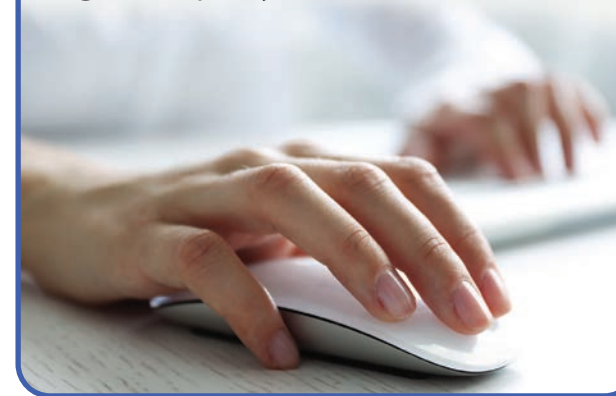
The two videos cover:

- Adults' experience of separation
- Children's experience of separation
- Children's needs at different ages
- Planning parenting after separation
- Alternatives to Court
- Reorganizing
- Legal issues
- Economic issues
- The costs of conflict and the benefits of keeping conflict low
- New partner issues
- Communicating with your child's other parent
- Communication with your child
- Effects of conflict on children

The **Parent Information Program** is especially beneficial for parents experiencing separation. Both parents are encouraged to participate in the online program as well as anyone that interacts with the children and family.

Certificate of Completion

For individuals that require a certificate of completion as part of their family law proceeding, you must complete the 20-30 minute online quiz after watching the two video modules. The quiz is worth 100 points and you must have **60 points or higher** to qualify for a certificate.



Participants may be asked to help evaluate the online program by answering some questions in the quiz about your experience.

This feedback is important, as it will help us to continually improve the **Parent Information Program** and develop future programs for parents.

For general information and resources on family law:



www.FamilyLawNB.ca

www.legal-info-legale.nb.ca

1-888-236-2444

How to participate in the Parent Information Program:

Go to

www.familylawnb.ca/english/pip



For more information:

1-844-673-4499

Email: PIP@gnb.ca

The **Parent Information Program (PIP)** video module was developed by the Department of Justice in Nova Scotia, and is offered, with their permission, by the New Brunswick Department of Justice.

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